

**MYSTICISM & ULTIMATE DIVINE
HEALING ~ PROCESSES!**



(Unifying With)
**THE PERFECT PRINCIPLES AND
PATTERNS OF GOD!**

REVEREND DR. LINDA DE COFF

MYSTICISM & DIVINE HEALING!
The Perfect Principles and Patterns of God!

**PUBLISHED BY REVEREND DR. LINDA
DE COFF**
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ABOUT THE AUTHOR



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Dr. Linda has spoken nationally and internationally on Highest Consciousness Themes, and was honored to receive her Doctorate at the United Nations 50th Anniversary. Dr. Linda combines the best of the East and the West in her timeless teachings of Truth.

MYSTICISM & DIVINE HEALING

INTRODUCTION

“THE HEALING OF OUR MINDS!”

~ REVEREND DR. LINDA DE COFF

Dear Reader:

With all the advanced physical and psychological healing technology that is available today, are we aware of the most important Healing Source and the most pressing and ultimate need to heal our very own minds? Only by taking this quintessential step in consciousness, can we raise the quality of our lives to reflect the Supreme Truth of our complete spiritual natures and ever-oneness with the Universal Mind of God...for there is no permanent healing or transformation without the renewing of our minds. And yet, quickened by the grace of awakened and heightened consciousness, we can reach the heights of ecstasy, and do anything and all of true greatness we aspire to.

Life is a continuous and wondrous unfoldment of states of consciousness. As we think ~ so it is! If thought be Cause to our worlds and Ruler of all things physical...with the panorama of our thought - life ever manifesting its' hidden context before us - is it not time to realize that the one and only permanent healing can only come to us from raising our minds to the Highest level of our Creator.

MYSTICISM & DIVINE HEALING ~ INTRODUCTION

As I think, so it is. “I think, therefore I am,” are the words of the famous philosopher, mystic: Descartes.

We might ask ourselves: “I am what?” When I think and when I speak, what substance of awareness am I filling my thought with? Have I thought deeply enough about who and what I am, and the all- power of God consciousness within? Do I truly know that thought by Divine Law equals things...that it literally brings material things and circumstances into my world? Do we know the same mind that bound us, can set us free ~ that made us ill, can make us well?

Are we answering our deepest Spiritual needs by raising the level of our consciousness to the Highest Exponential ~ daily cleansing our minds, by removing all negative ideas of limitation, and personal and collective ideas of separation from the whole goodness of the Divine? Is our life improving every day? Are we expressing our potential as the beloved born of the Absolute Creator and the Most High - on the breath of Universal Oneness?! Do we recognize that each one of us regardless of history or experience is endowed with fullest potential to express the Highest Love, intelligence and beauty, power and prosperity we can conceive of?

If each one of us would commit to practice every day through meditation, contemplation and quiet communion with the Almighty Source - the lifting of our thoughts to the celestial heights, where they can realize the potential of all things ~ our true, successful and noble goals in life would become instantly manifest. We would soon find ourselves soaring to Heaven’s heights...to reflect the pure delight of God’s inner substance in our outer worlds...for there is no energy in the experiences that surround us, save that which we give them. And all contain the pure potential of the Creator-Mind.

MYSTICISM & DIVINE HEALING ~ INTRODUCTION

In this book on Divine Healing ~ we will see how it is that the pathway to instantaneous healing in any matter lies in uniting with the Perfect Principles and Patterns of the Divine, encoded within each and every one of us

And we can benefit in ways unimaginable, if only we would begin to see it, and know it. Knowing this truth ~ let us all faithfully practice lifting our minds each and every moment to the Highest level of good we can conceive - in each and every circumstance that life presents us, knowing the Divine has already placed every solution to every condition within our very own selves.

Let us practice knowing that we are one with God and all the good that God radiates - the Power and the Purpose of Spirit in all; that we are Spiritual beings of wholeness and completeness - having a human experience...that nothing is impossible for us.

Let us sanctify ourselves anew - through knowing and affirming the truth of our oneness with the Sublime - the majestic Architect of the Universe and of ourselves ~ the great Life Force in All. And then we can say: we are establishing and leaving a trail of light of purest golden thought behind us, and as we heal our minds, we know we are adding to the strength and healing power of all minds, and blessing all kingdoms of life.

And then we can affirm with certainty, we are the beloved in whom the Father/Mother is very well pleased...for we have recognized our power to turn lemon into lemonade, and to be the greatest Spiritual Mind alchemists of today.

And we know Divine Love mixed with the Highest Thought imaginable, must move as grace, bliss and richest prosperity in our lives.

MYSTICISM & DIVINE HEALING ~ INTRODUCTION

Let us be the *keepers of the flame* and the developers of Divine perfection in our minds, actions and all our affairs. Let our thoughts of Only Good be so crystal clear that like the perfumed saints of old, our auras emanate the sweet scent of the rose, and we become the healers of the human race.

Let us think as God thinks, in terms of unity, wholeness, love, compassion and completeness. Let us know ourselves as God knows us to be ~ the *Divine Offspring of Eternity*...one with omniscience, omnipresence, omnipotence and perfection in all. And then we can say: we have raised our minds out of captivity and we have become free.

We have released the powers of omnipotent health into all our affairs. Our lives pulsate with the radiance of the Sublime.

So Be It ~ And So It Is!

TREATMENT FOR SPIRITUAL MIND HEALING

I am that I am...

And right now I declare ~

I am one with Divine Mind in All.

I am keeping all thoughts on High ~

Rich in the awareness of my Source

I am the perfect alchemist in all.

Through my High thought ever-reflecting...

The all victory, invincibility and glory of Spirit that I am!

And So It Is!

MYSTICISM & DIVINE HEALING ~ INTRODUCTION

Now, let us delve into the supreme healing powers of the Divine Self within, unfolding the transcendent inner lives, strengths, powers and practices of saints and sages throughout the ages, and the healing methods employed. Know that each time you center in Highest Consciousness, you are now poised to experience instant miracles, as the reservoir of perfect and unlimited healing energy is freed within you. So, keep your most cherished goals of transcendent freedom uppermost in your mind, as we journey together to explore the Secrets of the Mystics of the Ages.

For those who wish to do an in-depth study on Principle and on the Five Stages of Treatment ~ At the very back of the book, in the last Chapter IV, you will find Twelve helpful Lessons on Divine Principle ~ What it is and How to Use It, and Twelve Lessons on the Highest Healing Technology of Spiritual Mind Treatment, along with profound consciousness raising exercises... for your very practical application.

Be sure and take plenty of time, when you choose to work on the lessons themselves, concentrating on one at a time for as long as you need to incorporate the particular consciousness-raising exercise, applying to your every moment.

There is nothing that cannot be healed through the perfect mind and power of God within you.

CONTENTS

CHAPTER I ~ The Profound Consciousness of the Mystic ~ <i>Always One With God...with the Most High!</i>	1
CHAPTER II ~ The Perfection of Divine Patterns ~ <i>Ultimate in Harmony... Instantaneous, Perfect, Whole and Complete. ~</i>	53
Part I ~ Divine Healing of Body, Mind and Emotions!	54
Part II ~ Divine Healing of Business, Relationship and Financial Conditions.	147
CHAPTER III ~ Demonstrating Divine Patterns of Perfection	338
Part I ~ Accessing Your Divine Pattern	339
Part II ~ Moving Up In Your Divine Pattern	359
Part III ~ Demonstrating Divine Patterns of Perfection... <i>Manifesting Your Most Treasured Goal.</i>	388
CHAPTER IV ~ Attaining Divine Consciousness ~ <i>Your Ultimate Healing Tools!</i>	420
Part I ~ On Divine Principle ~ <i>The Ever-Present Answer to Your Every Need. (What it is and How to Use It!). 12 Lessons</i>	421
Part II ~ The Highest Healing Technology of Spiritual Mind Treatment ~ <i>Five Steps for raising your mind to Ultimate Truth...Attaining Divine Consciousness, 12 Lessons</i>	477

MEDITATIONS

(For Centering Within)

~

OPENING MEDITATION ~ SETTING THE GOAL

“I Am The Resurrection & The Life!” 3

ESTABLISHING THE VISION ~

“I See Myself As I Want To Be!” 146

ACCESSING YOUR DIVINE PATTERN ~

“I Bring Out The Heavenly Truth About Me!” 356

MOVING UP IN YOUR DIVINE PATTERN ~

“I Move in Perfect Ease from Level to Level, always being the Completeness that I Am!” 387

DEMONSTRATING DIVINE PATTERNS OF PERFECTION ~

“I Demonstrate the Heavenly Truth About Me.” 417

THANKSGIVING ~ THE PRECURSOR TO

MIRACLES...The Infinite Power of Thanks-InAdvance. What I need is already present! 469

MAKING YOUR MASTER DEMONSTRATION ~

“My New Level Is Now My Norm!” I have overcome the World! 544

THE TIME OF MANIFESTATION ~ *“I Have Fulfilled the Law!”* 558

MAKING YOUR QUANTUM LEAP ~

“I Am At My New Level Now!”

253

ADDITIONAL HELPFUL LINKS

FOREWORD ~ The Healing Of Our Minds!

*(An Introduction to MYSTICISM & DIVINE HEALING
~ A Message from the Author.)*

5

~

INTRODUCTION TO A REVIEW OF DIVINE PRINCIPLE ~

421

INTRODUCTION TO SPIRITUAL MIND TREATMENT ~ What It Is & How To Use It!

478

FORMULA FOR SPIRITUAL MIND TREATMENT ~ (Five Steps to Divine Consciousness)

565

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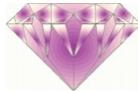
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561

MYSTICISM AND DIVINE HEALING

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*THE PERFECT PRINCIPLES AND
PATTERNS OF GOD!*



CHAPTER ONE

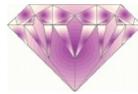
*THE PROFOUND CONSCIOUSNESS OF
THE MYSTIC!*

~

Always One with God! (with the Most High)!

CHAPTER ONE

THE PROFOUND CONSCIOUSNESS OF THE MYSTIC!



Always One with God! (with the Most High)!

MYSTICISM AND HEALING ~ THE SUBLIME CONSCIOUSNESS OF THE MYSTIC

Dear Reader, throughout this book we will be talking

of the mystical experience, and how that can lead us to perfect healing of body, mind, feelings, and to greatest improvement of all the outer manifest conditions of our lives ~ but before we begin on that and before we make that elevation in consciousness and learn how to apply self-existent perfection to every area of our lives...let us begin now with an opening meditation to center our consciousness.

It is always so important to become as still and receptive as possible, when seeking to commune with the most High.

ALWAYS ONE WITH THE MOST HIGH!

So, let us get very still, moving into the causal, powerful, pure light, love, omniscient, omnipresent, omnipotent center of being, moving into the center of God's mind... breathing in deeply three times to the count of seven, holding seven, expelling seven.

It is here in the deep center of ourselves, that new Cause to greatest good can unfold.

CHOOSING THE GOAL!

Now we know that this breath, with which we empower our body, our mind and our hearts is the pure breath of God, is the very stuff of Spirit, out of which we form and create our lives... through which we connect with Divine Mind at the uppermost levels of Divine Patterning of Perfection... and through which we may know ourselves completely.

In this holy moment, I give thanks that for each one reading, there is such an elevation and transformation of consciousness and such a unity achieved with the perfection of the Christ Consciousness in each one's mind and heart... that each life is transported to new dimensions, to new and exalted awareness, to new power, and vital renewal of inherent possibility... remembering the ever principle of "I am the Resurrection and the Life" is in us, is the perpetual activity of God-in-us, constantly raising us to new levels of Divine Awareness of Unity with the one God principle "I am that I am".

Each one now knows that regardless of past experiences, regardless of opinions of others, the only Truth to ourselves and all of Life is the Immortal Principle, forever Eternal and unchanging, "I am that I am one with Father/ Mother mind", expressing in our lives as perfection, harmony, greater peace, greater abundance, greater love than ever before.

THE SUBLIME CONSCIOUSNESS OF THE MYSTIC!

Right in this moment, each is blessed by that superior Mind of an Infinite and Unbounded Consciousness, governing all. Together, we give thanks that all the Kingdoms of intelligent life are with us and guiding us to know what each one needs to know.

Now, let each one center deep within this vast and all-encompassing mind, which is your “All in All, which is Love, which desires fulfillment for you of every good thing. Centering within, think now of the next level of Divine Good and self-expression you desire to bring forth, to manifest in your life. Think on the goodness and Divinity of this idea, how you will be expressing yourself so completely one with God, one with all.

Think of the marvelous Divinity and Unity of this idea, how happy you will be to accomplish, and how you will be setting a model and a pattern of Divine possibility and self-expression for all to follow here. Now know that at this moment, ever God is ever with you. Ever God, ever help, ever the way... ever limitless ways of God lead you in the perfect path of demonstration, henceforth.

As each one now lets go the entirety of the past to view themselves in their Absolute Good, next desirable by God in them... let each release now, in Gratitude, in Peace, and in Joy... knowing the Way of God is sure, knowing your good experience is guaranteed.

*Now, immersed in this Divine and Heavenly Consciousness, let it pour throughout your every cell of being, saturating you with sure ways and means. And now, in certainty of Divine accomplishment, we release our word of Gratitude to the perfect One, who doeth all in perfection, knowing the “Father/Mother and I are one Eternally.” All are resting secure in the Heart of an Infinite Good, ever pouring forth **So Be It. And So, It Is!***

ALWAYS ONE WITH THE MOST HIGH!

Did you get the vision of your Divine entitlement, your lustrous Spiritual Birthright, the picture of the next treasure of good that you want to experience in your life? Realize that the most profound Principle of Resurrection ~ “I am the Resurrection and the Life”. “I am Eternal Spirit.”...is always within you, wanting to help you to rise into the Greater every step of the way. Realize that ever-renewing Life Principle and Power for Limitless Good, fully equipped with Infinite ways and means, all know-how and unsurpassable Intelligence ~ is always available to you, to activate and bring forth perfect renewal and Divine Healing manifestation in all your ways.

As you choose what area in which you would like to next demonstrate that perfection of Spirit that you are, know that all of Universal Mind, Divine Mind and all the Kingdoms of Being, all the Intelligence that is... is now guiding you to know what you need to know to break out of any restriction of the past and to move immediately into new and more perfected experience of harmony and good.

Keep this vision before you, not wondering how you shall reach this desired state of perfection, yet simply immersing yourself in the goodness this picture represents for you and for your life, and how wonderful it shall be to attain it.

Understanding the mystical approach is the very first step, and then, later on in the next chapters, we will actually be looking at how to spiritually heal physical, mental, and emotional conditions and how to practically apply this ultimate healing consciousness to various specific conditions.

So, you'll be able to get a lot of information that will definitely pertain to the special something that you are working on.

THE SUBLIME CONSCIOUSNESS OF THE MYSTIC!

Now, entering the Kingdom of Divine Realities ~ we ask: What is the truth of mysticism? How does the mystic approach his or her world?

This ultimate mystical state is the most desirable state to be in all the time. It is not to be confused with the psychic realm. It is not being off in a dream world somewhere, yet it is being so firmly grounded within, that nothing of the outer can ever affect your perfect state of Peace and Highest expectation within.

True mysticism is arriving at the absolute state of awareness where you experience yourself one with the Creator Mind, one with “All that Is” with no division, whatsoever.

It is the experience of the Divine Mind, of God’s mind-in-you, knowing itself completely, flooding your Soul with bliss.

When God manifest the world (as you have read in the Bible and other timeless works of every tradition) God spoke the word and the Word was made flesh. Realize that in our lives, we replicate this creative thought process, in that we contemplate within ourselves an idea of good, an idea of identity and self-awareness that we have of ourselves, and it is instantly made manifest by this perfect Law of Mind, which is simply the way the manifesting universe works.

Every atom of the Universe responds to our thought. That which our mind and heart is on... is made manifest in our life. Thus it is that, the silent or out loud contemplation of our own heart within us, is literally the power that initiates the manifestation or demonstration process of the thing appearing in your life. And so it is that just like God itself manifests via thought, then thing... this Divine Creative cycle repeats itself within us, the progeny of the Most High.

ALWAYS ONE WITH THE MOST HIGH!

“I have made man in my image and likeness.” When God or the Infinite Intelligence of the “All the All”, the “One Thing That Is” contemplates within itself, worlds are born in an instant.

God, the completeness of the “I Am”, does not have to go outside itself to create anything, so you want to realize that whatever you are contemplating within is going to show up in your life. What you mind is on, by the Law is going to manifest...the sum total of what your mind and heart is on. Thus it is that our vision and expectation in any matter always goes before us, and here is the only area we ever have to deal with ~ to rise to limitless levels of good.

From the Highest level of the mystical point of view, we understand that God thinks into God's self, knowing the full nature of God's-being. The Infinite knows “I Am”, “I Am Infinite”, “I am all Intelligence”. “I am all the ways and means, without limit.” “I am the All in the All.” There is no consciousness of lack, no consciousness of division and as the Infinite knows into itself or within itself, the completeness of the primordial substance, life is manifest in the same image and likeness of the Divine.

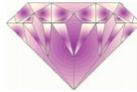
The awesome Truth of all of us and all of manifest life ~ the great All-encompassing One ~ the trees, the grass, the water, human beings, everything that is (and that you have)...is that all are a manifestation of the one thought, the pure thought of God... made flesh, made manifest, made material. So, that is our real Truth, and always remains the perfect Truth of you and me no matter what may have transpired.

Thus, regardless of whatever has happened, hope springs eternal that we can always rise victorious because of the Divine in us. We can always re-align and experience the Divine Truth of immeasurable healing in every aspect of our worlds.

MYSTICISM AND DIVINE HEALING

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*THE PERFECT PRINCIPLES AND
PATTERNS OF GOD!*



CHAPTER THREE

PART I

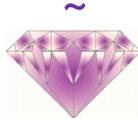
ACCESSING YOUR DIVINE PATTERN

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“In God, There Are No Limitations For Me!”

CHAPTER THREE
PART I

ACCESSING YOUR DIVINE PATTERN!



“I Bring out the Heavenly Truth About Me!”

Now let us see how Divine Patterns unfold and how we may

soar like the eagles to the Mountain of Light. I myself love to go to the mountains. There is something about the altitude that is always so rejuvenating, as one takes in the vast view from the summit high above. Climbing up to that very high altitude really reminds of that altitude of consciousness which we know we must have, in order to completely raise up within. And throughout this Chapter, we will speak of ways and means to assist us in this elevation, as we climb to embrace the lofty Divine Patterns of being that belong to each and every one of us. We want to maintain that high altitude of knowing and constantly increase our attitude, to reach out and ever be open at the top... to include the more.

There is one very significant attribute I noticed about eagles, when I was up on a glorious mountain top, enjoying the vast view.

ACCESSING YOUR DIVINE PATTERN!

Once, after arriving at the lofty peaks of Mohonk Mountain, suddenly twelve eagles came in very, very close by...swooping in and soaring around. It was such a stunning sight and it was really very extraordinary, and those eagles indeed have a mighty message about efficiency, flow and capacity to change, a flexibility which I know is inherent in us all. One thing I noticed about these regal birds traversing the heavens with such ease is, first of all, they have no resistance. They simply flow with the wind, soaring high above, exquisitely transcendent of effect. They know how to navigate the wind with ease; just like we want to navigate the winds of life, and when they want to take an action, when they want to make a definite movement or change the trajectory, or set their course in a different direction...it is all done with one flap of the wings. The eagles exhibit such a mighty conservation of energy.

What I noticed is that they don't waste time. They just halt with great force and intention in mid- air, target their new direction and there is not a lot of excess or unused energy, and with one flap of the wing, just one...the eagle is set on the new course, immediately flowing on the new path majestically...once again. It's a very, very interesting and compelling phenomenon to watch and to observe...to witness that degree of skillful freedom going on. And so I know that the eagle has a lesson for us all, and it is no error that it is the symbol of America, and that this powerful symbol stirs such feelings within us.

When we begin to climb from within, we want to remember those eagles and how they so efficiently navigate the winds. We want to develop the habit of so swiftly and immediately consciously aligning with the perfection of the Divine at the very start of any circumstance that requires. Rather than getting all caught up in the appearances, center within and align with the sublime Principle of God's life in you, rendering all capacity to overcome.

RIISING TO THE SUMMIT OF DIVINE LIGHT

For most efficient handling of any condition, you want to immediately access your Divine Pattern. or to say it in another way, “Your Inner Spiritual Blue Print,” which is one with the glory of God right now, right where you are... perfect. And, in this way the whole trajectory of events is altered to unfold at the Highest Level of perfect success.

You are Divine Wholeness, Perfection, Ease, and the Substance of all the Good, and Wealth and Well-Being that is, right now. All the good you could ever desire is contained within your Divine Pattern, and when you are aligned with this lustrous pattern of your infinite, eternal soul, every atom of existence responds to you. And this perfect idea about you has been permanently imprinted upon the soul of your being by the great Unlimited Source of your Life and Being. So that means that regardless of whatever you are experiencing now, whoever you are, wherever you are, you must know that you are this Infinite Love, Capacity and Light already. There is nothing to get, nothing to do, yet there is this one Truth to be aware of, and to access, and express.

So there is first accessing that Divine Pattern, and then, there is moving up in it, embracing it, and accelerating your movement towards completeness in whatever it is. Preparing for such increase is an inside job of ascendancy in your consciousness in the quality of your thoughts, feelings, and what you are inwardly identified with.

Ask yourself, am I identified with concepts and beliefs of outer limitation, lack, denial, suffering, that thing called your “humanness”, the human overlay on creation; or am I identifying with my inner Divine Limitless Self which is one right now with the great cosmos of being in all. And then, like the eagle, halt right in the midst, center, align and head in consciousness towards the fullness of Divine Solutions in you.

RIISING TO THE SUMMIT OF DIVINE LIGHT

What do you care, what you must give up for the sublime bliss of perfection peace, love, and abundance, and all the immeasurable bounty and grace that is to be yours. Here you are just giving up those lesser ideas that stand between you and your very own.

Realize that ~ In your Divine Reality you are as much and more so, so totally one with this sublime stuff than anything you have ever experienced of the transitory world. Your etheric or inner body is a perfect light body of Divine Perfection, already in tune with the elemental cosmic unlimited, with Divinity, knowing no space, time, or density interference...A body of light and love pure.

Rejoice that in this light body that you are, your etheric body, your Divine Patterns exist for any good purpose under Heaven right now, needing nothing, and all-inclusive of every condition imaginable. And, this Divine Pattern has all authority and conversion power... all contact with Divine substance and harmony at every level.

All the longings you have ever had have emanated from that etheric pattern pulsating from within, wanting to move out into your experience, into your conscious claiming and to bless and adorn your every expression.

The urging is from the within of you, the Higher Self who knows your true potential, and when you discover this, you will certainly say: "I know who I am!"... and you will know beyond a shadow of a doubt, when you are operating according to the demands of this etheric Divine you, this Sacred You, for you will be happy beyond words and fully satisfied, experiencing,

"Ohm, I am One with the entire Universe."

ACCESSING YOUR DIVINE PATTERN!

So, practice tuning up, tuning up to the finer for your “happier you”, which already is. Instead of trying to force on the outside, know you are moving up within by constantly accessing your special, beautiful, perfect, unlimited Divine Pattern. Contemplate it, see its perfection in your contemplation, call upon it, and bring it into use through your feelingness, through your awareness, your attitudes, through your behavior, your expectations and throughout all. Study it carefully and see yourself in your perfect Divine Pattern of being, being that which you were always meant to be... fully, joyously and right now.

ACCESSING YOUR DIVINE PATTERN!

Let us just go within right now and do a short meditation on Accessing The Divine Pattern, meant for you!

“Let us breathe deeply now, forgetting all that has past...now moving within the within to the perfect light, inner body, joyous body of being that we are.

And in the depths of our being, sensing now and feeling our great luminous center, stretching out one with all, let us say “I look upward, vastly upward from within to the great glory of my perfect good.”

Now as I rise up and join my upper mind, I oversee and expand my awareness, taking on now a concept I never thought I could realize, a Truth, an illumination, an elevated understanding, a Truth which includes the greater activity and level of my Divine Capacity and Choice right now.

As I view all my circumstances and thoughts about each, wherever I might have been thinking limitation, I now lay this limiting thought with such ease ~ at the feet of the Divine.

RIISING TO THE SUMMIT OF DIVINE LIGHT

I know I have all in perfect love and peace for I am one with all of the radiant rich Divine Life there is. I move up, up, through every chakra in the perfection of my Divinity now, absolutely identified, embraced, and blissfully immersed in the radiant victorious Truth.

*Thank you great life and great God for Thy gifts of my complete oneness now... with all the good I am envisioning now... so personal, and so perfect to me. Thank you for my release of all that would deny and that I am reunited with the perfect good I have in mind right now. ~ **And So It Is.***

When you are ready, return to the present, remembering what you have seen and when you move into your Prayers of Gratitude, always Give Thanks for what you want to experience in the present, i.e., Thank You, “I have_____”. Thank You, I Am_____.

Now, let us speak our word of good ~ silently or out loud. knowing that as we speak our word we are permanently establishing a vibration in mind that shall produce perfect results.

ACCESSING YOUR DIVINE PATTERN

“I Am That I Am And Right Now I Declare
My Finer Body, Which I Know To Be My True Self...
One With God In All ~
Knows No Limitation Or Denial For Me Or About Me
Ever Whatsoever.

I Vibrate In The Great Cosmic Force And Reality Of My Being.
I Radiate In A Magnificent Cosmic Field
Of Brilliant Divine God Light Substance.

ACCESSING YOUR DIVINE PATTERN!

I Know I Now Have Complete, Immediate And Unconditional
Access To The New Kingdom Of Good,
My Divine Pattern Reveals To Me Now
For I Have Arrived At A Point Of
Absolute Incorporation And Understanding.

I Place No Limitations On That Which I May Express Be Or Do In
The Embrace Of The Beloved Cosmic One
For God Is My All In All.

I Make Amazing Strives In My World Now
Buoyed By Infinite Power,
United With Infinite Love, Substance, And Supply.

I Am A Pulsating Light Of Eternity,
Shining God's Glory, Everywhere I Go.

I Am The Ascension And The Light,
Demonstrating Higher Levels Of Expression Now.

AND SO IT IS.

THE FIVE STAGES OF SPIRITUAL MIND TREATMENT

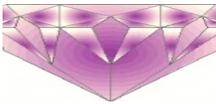
**DIVINE HEALING, A REVIEW OF SPIRITUAL
MIND TREATMENT ~**

HIGHLIGHT LESSON VI

Final Stage Five ~ “Releasing to the Greatest Power there is!”



Dear Participants in our Review of Spiritual Mind Treatment



Thus far, we have reviewed the inestimable Power of the 4th phase of Spiritual Mind Treatment ~ that is bestowed by *Giving Thanks* that your prayer is answered, Yes! ~ *in advance of even seeing the perfection of Divine results*. And, we have come to understand that **“Thanksgiving In Advance”** indeed stimulates all the creative powers of the Universe to immediately act on all invisible planes of existence ~ on our behalf.

Now, we are focusing in depth on the *5th and final stage* that should accompany every Spiritual Mind Treatment, **“Release”**.

THE KINGDOM OF GOD-IN-YOU!

“Release!” ~ Here is where... in perfect confidence of the Infinite Capacity, the individual now turns the whole matter over to the Highest Wisdom and Capacity, to that Great Creative Power that knows how, that always knows the smoothest and best way, that knows all of the elements and conditions that need to take place for perfect results, that indeed is the **Divine Coordinator** of all that needs to be.

In this stage, there is no “outlining” or “forcing” or “imposition of our own ideas” as to how the thing should happen at all ~ rather, there is now a complete stepping aside of the individual, that the Divine Director may manifest perfection of results, without condition or limit.

If acceptance is tainted by one’s own limited scope or personal history, then the necessary level of faith and reliance on the *unlimited creative power to cause complete transcendence of blockage* becomes stifled.

Results can only be as great as the individual’s faith and willingness to let go and **radically rely on the Supreme Power and Majesty that operates the entire universe.**

Here is where the individual is relieved of personal thought taking and over management and control, as he/she elevates in trust to the Supreme Creator of all that is, that knows no problem, nor difficulty whatsoever. How great it is, that the individual does not even have to know how or what to do, and that once released to the Higher Power to do its work, the demonstration can rise to unprecedented levels of accomplishment, heretofore unknown.

Here ~ in **“Release”**, there is also the complete understanding that *our Word about a thing is the only influence and power*, so once Giving Thanks and releasing to the Mind and Power of God, it is important, when doubt or tendency to grab the reigns of control come up, that we once again release to the greater, over and over again, throughout the entire manifestation, that our Word continues to forth.

THE FIVE STAGES OF SPIRITUAL MIND TREATMENT

You can imagine how frustrating it would be, if you put a letter in the mailbox and then kept taking it out and taking it back. Would the letter arrive? ~ with such blockage?

The word of **complete Acceptance and Gratitude-In-Advance** must be maintained faithfully 'til it gets there and 'til you witness the glorious results. As seeds form on the invisible plane of life (under the ground as it were), so your word of acceptance works on the unseen level of Universal Mind and Substance, forming and gathering all the elements necessary, until that glorious time when the manifestation is perfectly out-pictured.

Thus when doubt arises, after your treatment ~ just *re-affirm that you have spoken your word, you know the Law that “Thought becomes Thing”, and that your word alone is all Power to manifest* right out of the blue skies of Divine Substance (for God has all ways and means, most perfect for you and without limit). When you sense yourself tightening up, doubting, about to take your letter back, as it were ~ just release and turn the issue over again, affirming your word is working in perfection and God is the wisdom and power upon whom you rely. Let no negatives creep in. Change every negative speculation to firm positive expectation, and so it shall be. Look not at what conditions appear to be, **only meditate upon the power of God and of Divine Capacity in your situation**. A great mantra, when confronted with doubt, is *“It is being done”, by the best there is!”*

Following treatment and release ~ what can you do to help sustain your Treatment?

Simply **follow up in utmost faith on any inspiration of action that may arise**. You have placed yourself under the sublime and over-arching mantle of Divine Guidance, Wisdom and Power now ~ and if there is anything for you to do on the human plane, *your openness and willingness to do what you need to do* ~ will bring the perfect guidance from God within.

And, **one with the Great All-in-the-All**, you shall not fail!

THE KINGDOM OF GOD-IN-YOU!

Throughout this time, do formally write out a complete treatment, surrounding your goal ~ at least once a day, starting with the formula below, and then letting your own spiritual nature expand as far as you can for greatest realizations of Highest Truth. Remember, **Treatment is consciously aligning your own mind with the Infinite Mind and Heart of God itself, upon whom you radically rely.**

Remember you are never referring to your own specific experience or history, as proof of your ability to demonstrate, yet leaving all that behind, stretching outwards now in mind and heart to realize the infinite and whole capacity of God and Universal Truth and Principle, as your very own to rely on for success in any matter. You are delving into the blissful nature of the Infinite, always whole and complete at every point.

FORMULA FOR SPIRITUAL MIND TREATMENT

~

1. Recognition ~ I recognize there is a perfect Principle of Perfect _____(fill in with the words most describing the Infinite Resource that you want to participate in and that is your “Solution”), i.e. if in lack of any sort, affirm the” Principle of Perfect Supply”.

2. Unification ~ I, (the true I Am and God Self within every being) am one with that! Now, you are moving away from empowering the problem to empowering your Highest God Self within and all surrounding, the one and only solution to every issue.

3. Realization ~ Because I recognize **I am one with all the great Divine Principles of the Universe**, I now declare the glad Truth about my situation_____. Let your realization include all the elements we covered in our previous lessons, i.e. no time, no space, no difficulty, no limit. Let your Realization rise to the level of knowing your Good is available right now.

THE FIVE STAGES OF SPIRITUAL MIND TREATMENT

Remember, you are not relying upon yourself or any limited history you may have (as apart from the Divine) ~ yet you are now radically and directly relying upon the Greatest Power that is, God and Universal Mind and Substance within. Realize you can choose to live in the penthouse of your thoughts, or in the basement. Always choose to rise to the highest level, always available to you.

4. Thanksgiving ~ I give thanks! Let your heart overflow with Gratitude to God, Infinite Substance and Supply for all you have and the more to come. Describe in most radiant detail.

5. Release ~ I release! When you are ready and feel you have reached the maximum depths of awareness in your treatment, then take a deep breath of God and declare your release in faith to the Great Wisdom and Power that is bringing all about in perfection beyond imagining.

Be the Divine Alchemist right where you are, changing all to the radiant perfection that is ~ by constantly aligning with the Highest and Best!

*Enjoy taking time to do a Spiritual Mind Treatment around your most cherished goal each and every day, filled with awareness of the limitless good that is and that can be yours for the acceptance; certain that what you have named and claimed for yourself is indeed taking place. How great it is!

Next we will look at the great difference between **thinking in the “Absolute” (First Cause)**, or thinking from the point of **“Relative Causation”**, (the world of known conditions). We will also look at the **Law of Mental Equivalent**s, and how this law effects your Treatments, defining the difference between specificity and outlining.

In All Truth, Love & Light ~ Celebrating the great bounty that surrounds us all ~

REVEREND DR. LINDA DE COFF

THE KINGDOM OF GOD-IN-YOU!

*As always, Review and develop your lists of Divine Principles often, most especially with direct reference to your situation. Do you need supply? *Affirm, there is a Perfect Divine Principle of Supply. "My perfect resources are present."* Do you need a perfect new home? *Affirm, there is a Principle of Perfect Circulation, Timing, at a perfect "right" price, and "The perfect home is ready for me right now!"* Do you need physical healing? *Affirm, "There is a perfect Principle of all-encompassing Divine Healing energy in the Universe, now restoring me in all my ways!"*

All Principles reflect a sublime harmony and connectedness of all things, revealing the inherent immeasurable and blissful perfection that is. All else has simply come to pass.

When you are desirous of any type of healing, ask yourself: *What Principle of Perfect Life do you need to connect with, that supports the manifestation of your good!* Get underneath the apparency of the issue itself, healing and releasing at the causal level.

*Do actually take time to write out at least a few treatments formally, until the Divine Healing process of immediately centering in Truth becomes automatic, no matter what may be taking place. Practice makes perfect!

And so, let it be for each and for all ~ Now, let us delve further into the most important task of learning always to think in terms of the *Absolute*.

**Love & Light Ever Unbounded, Ever Free ~
*REVEREND DR. LINDA DECOFF***

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